

Welcome to EASE

EASE is short for Emotionally intelligent Approach to teaching Speaking in a foreign language. The EASE project aims to improve the effectiveness of foreign language teaching to adults by learning through an emotional intelligence approach.

We are creating innovative educational resources to help people learn a foreign language without the traditional hang-ups, such as what other people will think when you make mistakes.

What Have We Been Doing?



The booklet will soon be available in digital form on the **EASE project** website.

Most recently, focus groups were carried out in each country to identify teachers' needs in relation to teaching Emotional Intelligence in their foreign language classes.

EU partners met in person in Virginia in late November 2022 to sign off the first project result and plan for next steps...

Based on teachers' feedback, we are now ready to start creating our "train the trainer" face-to-face and online blended learning programme. This course will provide teachers with the tools to continually include emotional intelligence in their foreign language teaching.

We have now fully completed the booklet on incorporating emotional intelligence in foreign language teaching, featuring lesson plans and engaging and reflective learning activities.

What's next?

In early 2023 we plan to begin work on the self-directed online learning platform for foreign language learners with a specific aim to help adults become confident in speaking their foreign language.

All content will be made available in each of the partner languages: English, French, Spanish, Romanian, German and Polish.

Towards the end of next year, all materials will be tested in local events in each partner country with education professionals.

To stay updated on the project status and learn more about how we are using Emotional Intelligence to create a new and exciting experience for foreign language teachers and learners, check out the [EASE project facebook](#) and website below...

